

## **Education:**

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**Chinese Pulse Diagnosis: William Morris, Berkeley, CA** January– July 2014

6 Month Apprenticeship: Pulse, Tongue, and Abdominal diagnosis.

**Business Class for Entrepreneurs: Women’s Initiative San Francisco, CA.** April–July 2013

Wrote business plan. Learned cash flow analysis and record keeping. Worked on target market research.

**Ayurvedic practitioner training and bodywork internship: Dhyana Center of Health Sciences**

Sebastopol, CA. October 2010– June 2012

Ayurvedic pulse diagnosis, nutrition, body work, aromatherapy and pancha karma techniques.

**Swedish Massage certification: McKinnon Body Therapy Center Oakland, CA.** February– April 2011

100 hour swedish massage class with anatomy.

**Intro to Energetic Herbal Medicine: Blue Otter School of Herbal Medicine Fort Jones, CA.**

Six month traditional Chactaw energetic herbal medicine apprenticeship. February – October 2008

**Yerba Woman Herbal Apprenticeship: Motherland Institute Willits, CA.** February–October 2007

Nine month western herbal medicine and gardening program.

**Clinical Western Herbal Certification: Ohlone Herbal Center Berkeley, CA.** September 2003–July 2006

Three year clinical program in Western herbal medicine.

**Fundamentals of Acupressure: Acupressure Institute Berkeley, CA.** February 2005

150 hour foundational acupressure program.

**Women’s Wisdom Workshop: Living Awareness Institute Vacaville, CA.** July–September 2003

Three month herbal kitchen wisdom program.

**BA Cultural Theory: Scripps College Claremont, CA.** 1999–2003

## **Herbal Practitioner and Medicine Maker:**

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**Private Practice: Western Herbalist San Francisco, CA** July 2006– Present

See clients for Herbal consults, Ayurvedic pulse diagnosis, and lymphatic bodywork. Make individualized herbal formulas for each client. All extracts formulated and produced in house.

**Herbal Product Line: Herban Elixirs San Francisco, CA** Nov 2012– Present

Tonic elixirs for modern complaints. Includes Adaptogens for stress and immunity, Digestive Bitters, Cough Syr-

**First Aid and Wellness Clinic: NCWHS** Laytonville, CA 2010–Present  
Free wellness first aid tent for tri-annual four-day conference of 500 women and children.

**Volunteer Practitioner: Charlotte Maxwell Complimentary Clinic** San Francisco, CA. March 2007– December 2008  
Free women’s cancer clinic. Provided herbal consultations and formulations.

**Lab Manager: KW Botanicals** San Anselmo, CA. January 2006– May 2008  
Made herbal extracts for Acupuncturists. Managed six lab technicians, ordering, manufacturing, and safety.

**Teacher of Wholistic Medicine:**

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**Faculty: Ohlone Herbal Center** Berkeley, CA. August 2006–July 2014  
Co-teach three-year Western Herbal clinical program.

**Workshop Presenter: Homestead Apothecary, Five Flavors Herbs, Oaktown Spice Shop** Oakland, CA.  
3–5 workshops annually on herbal medicine at each venue. 2012– present

**Guest Speaker: Northern California Women’s Herbal Symposium** Laytonville, CA. May 2009 & 2010  
Workshop presenter for four-day conference.

**Presenter: TransThrive & Philadelphia Trans–Health Conference** San Francisco, CA. Philadelphia, PA.  
Annual class through TransThrive, free health clinic for trans-identified individuals. 2008 & 2009  
Presented at Philadelphia Trans–Health Conference. 2008